



# PYMBLE CATHOLIC PARISH

**SACRED HEART & OUR LADY OF PERPETUAL SUCCOUR**

*Building a Christ-centred community of Love and Mercy*

Pymble Parish is under the Pastoral care of the Salvatorian Fathers

**CELEBRATING SALVATORIANS' 25<sup>TH</sup> ANNIVERSARY IN PYMBLE**



## *Make Me a Faithful Disciple*

O Lord Jesus,  
You who walked along the shores of Galilee  
and called ordinary people  
into extraordinary mission,  
open my heart to hear Your voice today.

Draw me out of my fears and routines,  
and lead me into the light of Your Kingdom.  
Strengthen me to follow You with courage,  
to turn away from all that keeps me from  
Your love,  
and to share Your hope with those I meet.

May Your healing presence shine  
through my life,  
just as it did through Your ministry in Galilee.  
Make me a faithful disciple,  
ready to go wherever You call.

Amen.

### **Baptisms at Pymble Parish**



Our upcoming Baptism Formation  
Class will be held on:

**Sunday, 22 February 2026  
at 10:30am  
at Sacred Heart Church**

Bookings are essential, please  
contact the Parish office on  
9144 2702 or via email on  
office@pymblecatholicparish.org.au



**Pope Leo XIV's  
official prayer  
intention for  
February**

### **For Children with Incurable Diseases**

Let us pray that children suffering  
from incurable diseases and their  
families receive the necessary  
medical care and support, never  
losing strength and hope.



## **Prayer for the Intercession of Blessed Francis Jordan**

Lord Jesus Christ, Saviour of the world, you called Francis  
Mary of the Cross Jordan to be your apostle, to make God  
known and loved by all people everywhere, using all the  
means your love inspires. You filled him with universal  
apostolic zeal, with a deep trust in God's loving providence,  
with a profound spirit of prayer, with a sincere devotion to  
Mary, Mother of the Saviour, and with the courage to  
follow you, even into the mystery of the Cross.

Grant also to me the grace to proclaim the Gospel in this  
spirit, and make me an effective apostle in today's world.

Through the intercession of Blessed Francis Jordan, I pray  
to you for my special needs (include your personal  
intention). I make this prayer through you, my Saviour, who  
lives and reigns with the Father and the Holy Spirit, forever  
and ever. Amen.

www.sds.org.au

### **Parish Groups**

Our Parish Groups are taking a break  
over the Christmas and New Year period,  
and will resume as below:

**Charismatic Prayer Group:**  
Tuesday, 3 February  
**Men's Fellowship:** Tuesday, 4 February  
**Bible Study:** Friday, 6 February

**A warm welcome  
to all our  
Parishioners and  
visitors who are  
participating in  
Mass with us this  
weekend.**





## Parish Team

### Pastoral care

#### Salvatorian Fathers

**Parish Priest:** Fr. Ireneusz Czech SDS

**Email:** [fr.irek@pymblecatholicparish.org.au](mailto:fr.irek@pymblecatholicparish.org.au)

**Youtube:** [youtube.com/@IreneuszCzech](https://youtube.com/@IreneuszCzech)

Youtube QR code:



### Parish Staff

**Parish Secretary:** Claudia Chen

**Email:** [claudia@pymblecatholicparish.org.au](mailto:claudia@pymblecatholicparish.org.au)

**Sacramental Coordinator:** Rebecca Lloyd-Jones

**Email:** [rebecca@pymblecatholicparish.org.au](mailto:rebecca@pymblecatholicparish.org.au)

## Parish Mass Times

### Sacred Heart

2 Richard Porter Way, Pymble NSW 2073

#### Weekdays:

Tuesday to Friday 9:00am

**Rosary:** Tuesday to Friday after morning Mass

**Exposition of the Blessed Sacrament:** Friday after morning Mass

#### Weekend:

Sunday: 9:30 am, 6:00 pm

#### Reconciliation:

Tuesday - Friday 8:45am

Sunday 9:15am, 5:30 pm

### Our Lady of Perpetual Succour

64 Kendall St, West Pymble, NSW, 2073

#### Weekend:

Saturday: 9:00 am

Saturday: 5:00 pm (Vigil Mass)

Sunday: 8:00 am (Quiet Mass)

#### Reconciliation:

Saturday 9:30am, 4:45am

Sunday 7:45am

## Contact details

**Address:** 2 Richard Porter Way, Pymble, NSW 2073

**Postal address:** PO BOX 231 Turramurra NSW 2074

**Telephone:** (02) 9144 2702

**Email:** [office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au)

**Website:** [www.pymblecatholicparish.org.au](http://www.pymblecatholicparish.org.au)

**Office hours:** Monday to Thursday 8:30am to 3:30pm &  
Friday 9am to 3:30pm

For information about Weddings please contact the Parish Office.  
For information about the sacraments of Baptism, Confirmation, Reconciliation  
and First Eucharist, please contact Rebecca

## Giving at the Parish

The **First Collection** goes to the upkeep of the clergy, Salvatorian Regional Office and the Broken Bay Diocese sustentation funds.



First  
Collection

The **Second Collection** goes towards maintaining our Churches and the upkeep of the Parish, supporting the ministries of our Parish (including our Sacramental programs and Catechist work), helping us continue our good works.



Second  
Collection

Thank you for your ongoing support.

## Parish Primary Schools

### Sacred Heart

**Principal:** Kerry Paxton

**Telephone:** (02) 7256 2142

[www.shpddb.catholic.edu.au](http://www.shpddb.catholic.edu.au)

### Our Lady of Perpetual Succour

**Principal:** Jodi Jefferson

**Telephone:** (02) 7256 2101

[www.olpsddb.catholic.edu.au](http://www.olpsddb.catholic.edu.au)



NEW SOUTH WALES  
**CATHOLIC MEDICAL ASSOCIATION**

# OPENING MASS

with blessing of the hands ceremony  
Wednesday, 11 February 2026, 7pm

FEAST OF OUR LADY OF LOURDES  
THE WORLD DAY OF THE SICK  
*"The compassion of the Samaritan: Loving by bearing the pain of the other."*

**Sacred Heart Darlinghurst  
Notre Dame University  
Cnr Darlinghurst Rd and Oxford St**

**Fr Lam Vu (OFM Cap)  
Chaplain to Notre Dame University  
Presiding**

Refreshments afterwards

**Welcome to 2026!**  
*The year is shaping up to be a special year with a number of special CMA events and projects planned for this year. It's only right that we call upon God's grace. Please come to this special event. See you soon!*

Rsvp by 10<sup>th</sup> February 2026 to Mike McHugh: 0416 449 082



## Sapientia

Single adults, 18-35 years of age, are invited to join the Dominican Friars and Sisters for this weekend retreat of prayer, formation, and fellowship.

**13-15 February 2026**  
St Mary's Towers Retreat Centre  
Douglas Park

For more information or to register:  
[www.trybooking.com/DHJBL](http://www.trybooking.com/DHJBL)  
or email the Sisters at [sydney@op-tn.org](mailto:sydney@op-tn.org).





WHAT’S ON IN OUR PARISH THIS WEEK

**Saturday, 31 January**  
**St John Bosco, priest (Memorial)**  
9:00am Mass at OLPS with Morning Prayer (Breviary)  
5:00pm Mass at OLPS

**Sunday, 1 February**  
**Word of God Sunday**  
8:00am Mass at OLPS (quiet)  
9:30am Mass at Sacred Heart (Children’s Liturgy)  
5:30pm Reconciliation at Sacred Heart  
5:00pm Taize with Exposition of the Blessed Sacrament  
6:00pm Mass at Sacred Heart

**Tuesday, 3 February**  
**St Blaise, bishop, martyr (Optional)**  
**St Ansgar, bishop (Optional)**  
9:00am Mass at Sacred Heart  
7:00pm Faith Formation: the Mass  
7:30pm Charismatic Prayer Group

*The Rosary is recited after all weekday Masses at Sacred Heart Church and after 9am Saturday Mass at OLPS*

**Wednesday, 4 February**  
9:00am Mass at Sacred Heart  
7:00pm St Vincent de Paul Meeting

**Thursday, 5 February**  
**St Agatha, virgin, martyr (Memorial)**  
9:00am Mass at Sacred Heart  
6:00pm Parish Finance Committee Meeting

**Friday, 6 February**  
**St Paul Miki and companions, martyrs (Memorial)**  
9:00am Mass at Sacred Heart followed by First Friday Devotion with Adoration and Litany to the Sacred Heart of Jesus

**Saturday, 7 February**  
9:00am Mass at OLPS followed by the First Saturday Devotion with Adoration and Prayers for New Vocations to the Priesthood and Religious Life  
5:00pm Mass at OLPS

**Sunday, 8 February**  
8:00am Mass at OLPS (quiet)  
9:30am Mass at Sacred Heart  
5:30pm Reconciliation at Sacred Heart  
6:00pm Mass at Sacred Heart

Parish Prayer Zone

Praying for others gets our focus off ourselves and onto the needs of those around us. As we “carry each other’s burdens,” we “will fulfil the law of

**Recently Deceased:**  
John Nolem, Cindy Cheung, Teresa Sit, Daisy Chiu, Tom Ryan, Diana Tam, Sandra Sinclair, Joe Pereira, John Clark, Ada Yu, Joe Pereira, Anthony Machado, Graham Lynch, Gilbert Tomlinson

**Death Anniversaries:**  
Trenna Scanlan, Antonio, Faride, Carlos, Salim, Virginia, Salvadal Younes, David Gardener, Antonio Wahibe, Maio & Paul, Georg, Tony Neily, Antonio, Faride, Carlos, Salim, Virginia & Salvadal Younes, Peter O’Sullivan, Elizabeth Megawati Bambang, Joe Dias, Joan Catherine Bernie, Bernardino Castillo, Frances Pettengill, Frieda Nassar, Rosario S. Ortiz, Serofin Peralta Jr

**Prayers for the sick:**  
Sr Gemma & Pamela Seaman, Stan Brataniec, Craig Shepherd, Daniel Fileman, Jan Drobczyk, Janusz Czech, Elliot Leahy

**Monthly prayer intention:**  
This week we pray for peace and unity: We pray for a rejection of all forms of hatred, anti-semitism, and violence. May we build bridges of respect and understanding, rather than walls of fear, ensuring all people can live in safety. Amen.

If you would like the names of your relatives to be included in the prayer list (anniversary of deaths, recently deceased, illnesses, wedding celebration or anniversaries, birthdays, etc.) please contact the Parish Office by midday each Wednesday. Remember that due to privacy policy, names of the sick can only be put on the bulletin with permission of the immediate family. This list will be updated every month and we would appreciate if we are advised of any updates. Thank you.

Ask Questions


# Get Catholic Answers

Search the world's largest database of answers about the beliefs and practices of the Catholic faith. Learn more about Catholicism through articles, books, videos and more.

Find

Get *Why We're Catholic* - the ONE book you can give ANYONE! LEARN MORE

Do you have a question about the Catholic faith? Go to [catholic.com](http://catholic.com) and type in your question. You will have the answer straight away.




## Serra Vocations Weekly Prayer Calendar

Please pray for those in formation or already serving the Church

2 February	Fr Vitalis Oguh
3 February	Fr Hien Vu
4 February	Fr Lucious Choi
5 February	Fr Peter DeSouza
6 February	Fr Peter Dowd Fr Stephen Hume
7 February	Fr Biju Matthew Koikatil
8 February	Fr Jose Philip OSA

### DAILY PRAYER FOR VOCATIONS



Heavenly Father, we praise You for Your goodness and thank You for Your gifts. Help us respond to and live out our mission in the Church. Assist all Your people to know their vocation in life and help them to prepare for it. Call many to be priests, deacons and consecrated men and women for Your greater glory, and for the service of Your people. Give those whom You call the grace to respond generously and to persevere faithful. We ask this through Christ our Lord.

Amen.



## Children's Liturgy Sacred Heart Church



Children are welcome to join us at our Children's liturgy at Sacred Heart Church. Children's Liturgy is a great way to engage and nourish the children of our Parish with God's Word.

Our sessions for Term 1 at Sacred Heart will be at our  
**Sunday 9:30am Masses as follows:**  
**1 February | 15 February | 1 March | 15 March**

Please join us for Children's Liturgy at our Church. If you would like to join our team, please contact the Parish Office.  
It is a wonderful faith enriching experience for the children of our Parish.

## Word of God Sunday



This Sunday we are celebrating Sunday of God's Word (also called Word of God Sunday) in the Catholic Church in Australia — which is the first Sunday in February rather than the Third Sunday in Ordinary Time. This is because the Australian Catholic Bishops Conference chose this date for Australia to avoid it clashing with the Australia Day long weekend.

Globally (in most places), the Sunday of the Word of God is observed on the Third Sunday in Ordinary Time (25 January 2026), as instituted by Pope Francis in the apostolic letter *Aperuit Illis*.

## BICENTENNIAL CLUB



## Men's Dinner

7pm Friday  
20 February 2026

Men of Sacred Heart and Our Lady of Perpetual Succour are invited to join in for dinner and drinks at the Bicentennial Club, 2 Prince of Wales Drive, West Pymble

A New Year opportunity to catch up, chat and connect with friends old and new.

Buy your own meal and drinks.

Please RSVP by Tuesday, 17 February 2026 to the Parish office.



**Pymble Catholic Parish**  
**02 9144 2702**

Welcome

# 2026

*Saturday, 7 February*

OLPS Church  
After 5pm Mass

RSVP by Thursday, 5 February  
[office@pymblecatholicparish.org.au](mailto:office@pymblecatholicparish.org.au)

# ASH

Wednesday

18 February 2026

9am @ Sacred Heart  
12pm @ OLPS  
7pm @ Sacred Heart

*"From dust we came, and to dust we shall return."  
May this day remind us to walk with humility and purpose."*

## Calling for Catechists!

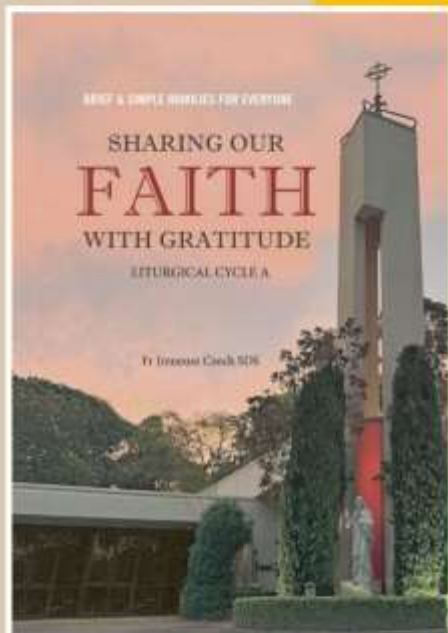
We have a real shortage of volunteers teaching scripture classes to Catholic children in public schools in our local area. As baptised Catholics, we are called to share the Good News of Jesus Christ, and one of the most rewarding ways to fulfil this call is to be part of the Catechist Team at our Parish. Classes run weekly for 30 minutes during term time, and all teaching materials are provided. If you would like more information, please contact the Parish Office.





## Brief and Simple Homilies for Everyone Sharing Our Faith With Gratitude Liturgical Cycle A

By Ireneusz Czech SDS



*Dedicated  
to the Salvatorian Priests  
and to the Faithful of  
Pymble Catholic Parish  
in grateful recognition  
of their devoted service  
and cooperation  
in building a Christ-centred  
community of love and mercy  
for the past twenty-five years*

A chapter for each Sunday  
with the Gospel passage  
followed by reflections  
and meditations tailored  
to that day's themes



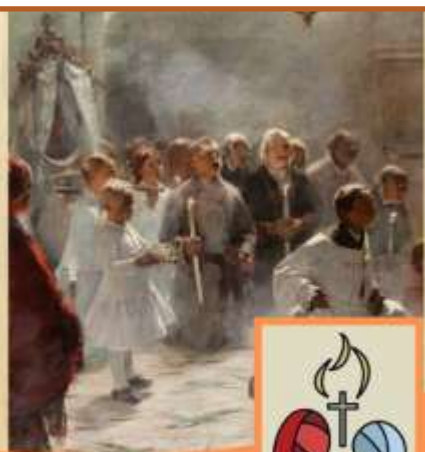
Available for  
Kindle from  
**Amazon** at  
the link below

[tinyurl.com/bdd455ek](https://tinyurl.com/bdd455ek)

Paper copy available in  
parish churches \$30ea

## LITURGY & LIFE

### Unveiling the Mystical Movement of the Mass



#### Invitation

You are invited to join our six  
part Liturgy & Life series  
**Unveiling the Mystical  
Movement of the Mass** with  
Matthew Leonard

#### Topics

The series topics include:

- Welling Up To Eternal Life
- Shadow, Image & Reality
- Giving & Receiving
- The Exodus Out of Self
- From Sacrifice to Sacrament
- Preparing to Participate in the Mystery

For further information:

(02) 9144 2702

#### Context

Beyond rites and rubrics, we go below the surface of the liturgy and explore the breathtaking, mystical realities that unite us to Christ and allow us to participate in the Divine Family of God. The series will transform your understanding and participation in the Mass, and provide practical advice to prepare for deeper union with God.

#### Join In

Please join in with this opportunity to learn, share your thoughts and to get to know others in our Parish community.

7pm alternate Tuesday evenings  
Sacred Heart Church Pymble  
Starting 3 February 2026

#### Matthew Leonard

Matthew Leonard is the founder of the Science of Sainthood online program for Catholic formation. He has produced many best-selling series that have been broadcast around the world.



PYMBLE CATHOLIC PARISH  
2 RICHARD PORTER WAY PYMBLE

## Join Us for Family Masses in 2026



Our Family Masses at OLPS and Sacred Heart Churches are joyful celebrations where our parish schools and parish community come together in faith and friendship. These liturgies offer a wonderful opportunity for children to take an active role—reading, singing, carrying the gifts, and joining the Gospel procession—helping them grow in confidence and feel at home in the heart of parish life.

Families of all ages are warmly invited to share in these special moments throughout the year. We then celebrate over a BBQ or morning tea after Mass. If your child would like to participate, please contact the Parish Office.

Mark the following dates in your Calendar now!

OLPS Church	Sacred Heart Church
Saturday, 5pm Mass	Sunday, 9:30am Mass
21 February	22 February
28 March	29 March
23 May	24 May
27 June	28 June
25 July	26 July
No Family Mass in August	23 August
24 October	25 October
21 November	22 November



## Position Vacant - Pymble Parish

### Catechist Coordinator - Casual Position

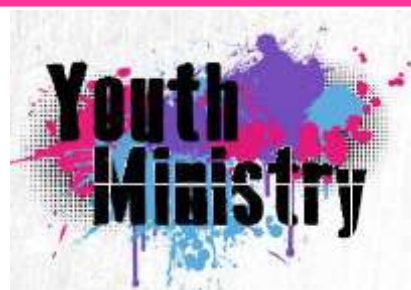
Our Parish is looking for a new Catechist Coordinator. The primary purpose of the Catechist Coordinator (CC) is to lead and support the catechists of the Pymble Parish (Parish) who provide Special Religious Education (SRE) to the Catholic Students in State Schools within the Parish.

To achieve this, the CC works under the direction of the Parish Priest and with the Parish team to lead the Catechist program and provide coordinated support services to enhance the SRE ministry within the Parish.

If you are interested in supporting the faith development of children in the public schools in our Parish, please contact the Parish Office for a copy of the Position Description. The appointment is subject to a satisfactory Working with Children Check and National Police Check.

**To apply, please email your current CV and cover letter to [claudia@pymblecatholicparish.org.au](mailto:claudia@pymblecatholicparish.org.au) by 6 February 2026.**

Applications will be reviewed as they are received, and the closing date may be adjusted if a suitable candidate is identified.



## Youth Ministry Equipping School—Are you Interested in Youth Ministry?

Mission Broken Bay invites you to consider this valuable opportunity for professional development in youth

ministry. The Youth Ministry Equipping School (YMES) offers a formation experience for high school students and adults about youth ministry in school contexts. This year, it will be occurring at St Christopher's Pastoral Centre, Forrest, Canberra from Friday, 27 February to Sunday, 1 March 2026.

The Diocese of Broken Bay is offering four subsidies to four young adults in the Diocese who are interested in attending YMES for professional development. The subsidy covers shared accommodation, the Conference ticket to attend YMES with most meals covered.

If you are interested in attending or applying for this subsidy, please contact the Parish Office for more information. Submissions must be completed by **6 February 2026**.





# Liturgy of the Word

## Fourth Sunday in Ordinary Time

Year A

**Entrance Antiphon** Psalm 105: 47

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

**First Reading** ah 2: 3, 3: 12-13

**A reading from the prophet Zephaniah**

Seek the Lord  
all you, the humble of the earth,  
who obey his commands.  
Seek integrity,  
seek humility:  
you may perhaps find shelter  
on the day of the anger of the Lord.  
In your midst I will leave  
a humble and lowly people,  
and those who are left in Israel will seek  
refuge in the name of the Lord.  
They will do no wrong,  
will tell no lies;  
and the perjured tongue will no longer  
be found in their mouths.  
But they will be able to graze and rest  
with no one to disturb them.

**Responsorial Psalm** Ps 145: 7-10 R Mt 5:3

**(R.) Happy the poor in spirit;  
the kingdom of heaven is theirs!**

1. It is the Lord who keeps faith forever,  
who is just to those who are oppressed.  
It is he who gives bread t the hungry,  
the Lord, who sets prisoners free. **(R.)**
2. It is the Lord who gives sight to the blind,  
who raises up those who are bowed  
down,  
the Lord, who protects the stranger  
and upholds the widow and orphan. **(R.)**
3. It is the Lord who loves the just  
but thwarts the path of the wicked.  
The Lord will reign for ever,  
Zion’s God, from age to age **(R.)**

**Second Reading** 1 Corinthians 1: 26-31

**A reading from the first letter of St Paul to  
the Corinthians**

Take yourselves, brothers, at the time when  
you were called: how many of you were wise  
in the ordinary sense of the word, how many  
were influential people, or came from noble  
families? No, it was to shame the wise that  
God chose what is foolish by human  
reckoning, and to shame what is strong that  
he chose what is weak by human reckoning;  
those whom the world thinks common and  
contemptible are the ones that God has  
chosen – those who are nothing at all to show  
up those who are everything. The human race  
has nothing to boast about to God, but you,  
God has made members of Christ Jesus and by  
God’s doing he has become our wisdom, and  
our virtue, and our holiness, and our freedom.  
As scripture says: if anyone wants to boast, let  
him boast about the Lord.

**Gospel Acclamation** Matthew 5: 12

*Alleluia, alleluia!*  
Rejoice and be glad;  
Your reward will be great in heaven.  
*Alleluia!*

**Gospel** Matthew 5: 1-12

**A reading from the holy Gospel according to  
Matthew**

Seeing the crowds, Jesus went up the hill.  
There he sat down and was joined by his  
disciples. Then he began to speak. This is what  
he taught them:

‘How happy are the poor in spirit:  
theirs is the kingdom of heaven.  
Happy the gentle:  
they shall have the earth for their heritage.  
Happy those who mourn:  
they shall be comforted.  
Happy those who hunger and thirst for what is  
right:  
they shall be satisfied.  
Happy the merciful:  
they shall have mercy shown them.  
Happy the pure in heart:  
they shall see God.  
Happy the peacemakers:  
they shall be called sons of God.  
Happy those who are persecuted in the cause  
of right:  
theirs is the kingdom of heaven.

‘Happy are you when people abuse you and  
persecute you and speak all kinds of calumny  
against you on my account. Rejoice and be  
glad, for your reward will be great in heaven.’

**Gospel Reflection**

**Meditation:** What is the good life which God  
intends for us? And how is it related with the  
ultimate end or purpose of life? Is it not our  
desire and longing for true happiness, which is  
none other than the complete good, the sum  
of all goods, leaving nothing more to be  
desired? Jesus addresses this question in his  
sermon on the mount. The heart of Jesus’  
message is that we can live a very happy life.  
The call to holiness, to be saints who joyfully  
pursue God’s will for their lives, can be found  
in these eight beatitudes. Jesus’ beatitudes  
sum up our calling or vocation - to live a life of  
the beatitudes. The word beatitude literally  
means "happiness" or "blessedness".

**God gives us everything that leads to true  
happiness**

What is the significance of Jesus’ beatitudes,  
and why are they so central to his teaching?  
The beatitudes respond to the natural desire  
for happiness that God has placed in every  
heart. They teach us the final end to which  
God calls us, namely the coming of God’s

kingdom (Matthew 4:17), the vision of  
God (Matthew 5:8; 1 John 2;1), entering into  
the joy of the Lord (Matthew 25:21-23) and  
into his rest (Hebrews 4:7-11). Jesus’  
beatitudes also confront us with decisive  
choices concerning the life we pursue here on  
earth and the use we make of the goods he  
puts at our disposal.

Jesus tells us that God alone can satisfy the  
deepest need and longing of our heart. Teresa  
of Avila’s (1515-1582) prayer book contained a  
bookmark on which she wrote: Let nothing  
disturb you, let nothing frighten you. All  
things pass - God never changes. Patience  
achieves all it strives for. Whoever has God  
lacks nothing -God alone suffices.

Is God enough for you? God offers us the  
greatest good possible - abundant life in Jesus  
Christ (John 10:10) and the promise of  
unending joy and happiness with God forever.  
Do you seek the highest good, the total good,  
which is above all else?

***The beatitudes are a sign of contradiction to  
the world’s way of happiness***

The beatitudes which Jesus offers us are a  
sign of contradiction to the world’s  
understanding of happiness and joy. How can  
one possibly find happiness in poverty,  
hunger, mourning, and persecution? Poverty  
of spirit finds ample room and joy in  
possessing God as the greatest treasure  
possible. Hunger of the spirit seeks  
nourishment and strength in God’s word and  
Spirit. Sorrow and mourning over wasted life  
and sin leads to joyful freedom from the  
burden of guilt and spiritual oppression.

God reveals to the humble of heart the true  
source of abundant life and happiness. Jesus  
promises his disciples that the joys of heaven  
will more than compensate for the troubles  
and hardships they can expect in this world.  
Thomas Aquinas said: "No one can live  
without joy. That is why a person deprived of  
spiritual joy goes after carnal pleasures." Do  
you know the happiness of hungering and  
thirsting for God alone?

***Lord Jesus, increase my hunger for you and  
show me the way that leads to everlasting  
peace and happiness. May I desire you above  
all else and find perfect joy in doing your will.***

© Servants of the Word 2026

To access Fr Irek’s homily on  
YouTube, please scan the  
QR code or clink on this link:



[www.youtube.com/watch?v=4DWT-\\_NI-K8](https://www.youtube.com/watch?v=4DWT-_NI-K8)

Pymble Parish Roster - 7 & 8 February 2026		
Sacred Heart (Pymble)	Sunday 9:30am	Sunday 6pm
Acolytes	E Leahy	J Starnawski
Altar Servers	B Loughnan / L Bowe	A Perera
Readers	D McGreal	E Lloyd-Jones
Altar Society	7 February: Paulette / Rosani	
Counters	8 February: T Scanlan / M Boland / E Skrodzka	
OLPS (West Pymble)	Saturday 5:00pm	Sunday 8:00am
Acolytes		
Altar Servers	Alonso & Isabella	Volunteers needed
Readers	J Pease	I Chisholm
Altar Cloth	7 February: A Glover	

# Children's Corner

Blessed are the poor in spirit

Mt 5:1-12ab

O	V	X	C	Z	S	R	A	E	V	L	V	I	E	R	H	Y
B	H	M	D	W	O	R	C	A	B	N	X	A	W	L	E	S
U	J	Y	P	X	C	C	T	R	A	A	N	F	G	A	A	R
B	T	K	C	Y	W	S	O	T	S	Q	R	K	M	J	X	N
X	I	V	V	D	T	M	E	H	H	R	Q	Y	G	M	B	J
W	L	F	E	R	U	P	A	E	D	R	I	N	K	L	M	K
C	T	J	A	L	X	X	L	X	K	Z	Y	S	A	T	C	J
B	G	E	K	S	D	E	R	C	S	W	O	L	Y	L	F	P
M	H	F	O	M	Z	N	D	I	Y	U	Y	W	P	M	U	W
P	V	W	R	G	O	O	T	T	G	Y	N	R	C	J	E	M
F	F	S	N	Y	C	U	Q	E	N	H	C	E	G	Q	U	C
L	Y	D	R	O	Z	I	N	D	V	S	T	W	A	V	D	H
H	M	Z	G	Q	O	G	A	T	I	M	Y	A	Z	R	A	C
G	W	H	J	B	Y	L	F	T	A	N	C	R	J	P	I	V
S	E	L	P	I	C	S	I	D	I	I	J	D	P	T	G	U
K	G	L	D	Q	G	W	M	U	T	W	N	Y	N	F	Q	H

Try to find these words:

- crowd  
disciples  
drink  
earth  
excited
- happy  
hearts  
mountain  
pure  
reward
- sat  
right  
happy

THE

BEATITUDES

MATTHEW 5:3-10

GOD BLESS THOSE WHO...

ARE POOR AND REALIZE THEIR NEED FOR HIM

FOR THE KINGDOM OF HEAVEN IS THEIRS

GOD BLESS THOSE WHO...

MOURN

FOR THEY WILL BE COMFORTED

GOD BLESS THOSE WHO...

HUNGER AND THIRST FOR JUSTICE

FOR THEY WILL BE SATISFIED

GOD BLESS THOSE WHO...

ARE MERCIFUL

FOR THEY WILL BE SHOWN MERCY

GOD BLESS THOSE WHO...

ARE PERSECUTED FOR DOING RIGHT

FOR THE KINGDOM OF HEAVEN IS THEIRS



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# Parish Safeguarding

Dear Parishioners,

We take our responsibility to safeguard the vulnerable, whether they be children, the young, the elderly or the disabled very seriously. We work to ensure that no one is taken advantage of within our Parish.

If you have any concern about the treatment of a child, young person or anyone within our parish environment, please approach myself directly or Claudia within the parish office on 02 9144 2702.


Alternatively, you may wish to contact Pamela Sweeney, Safeguarding Manager (Chancery & Churches) on 02 8379 1651.

Yours in Christ,

Fr Ireneusz Czech SDS

# Children, the young, and the vulnerable must be safe

Supported by adults who ...



## CARE

for us as we are a precious gift from God

## RESPECT

our rights, abilities, contributions, needs and wishes

## ASK

us how we are feeling and what we are thinking, ask us what we need

## LISTEN

to what we are really saying

## TELL

us about dangers – and what's being done to protect us

## SEE

what other adults are doing, and how they are behaving

## DO

what they are supposed to do and what they say they will do

## STEP UP AND SPEAK OUT

when we are being hurt, bullied or treated badly.

# "Christ has no hands, no feet on earth but yours. Yours are the eyes through which he looks with compassion on this world."

- attributed to St Teresa of Ávila



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